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O.D., F.A.A.O.  
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**Steven J. Mattas, M.D.**  
Surgical and Consultative  
Ophthalmology

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Diseases and Surgery of the  
Retina and Vitreous

**Austin R. Lifferth,**  
O.D., F.A.A.O.  
Consultative Optometry

**LOUISVILLE**

Dupont Professional Towers  
4010 Dupont Circle, Suite 380  
Louisville, KY 40207  
(502) 895-0040

Bluegrass Medical Office Building  
1700 Bluegrass Avenue, Suite 200  
Louisville, KY 40215  
(502) 364-0033

**CARROLLTON**

Carroll County Regional  
Medical Center  
309 Eleventh Street  
Carrollton, KY 41008  
(502) 732-0066

**ELIZABETHTOWN**

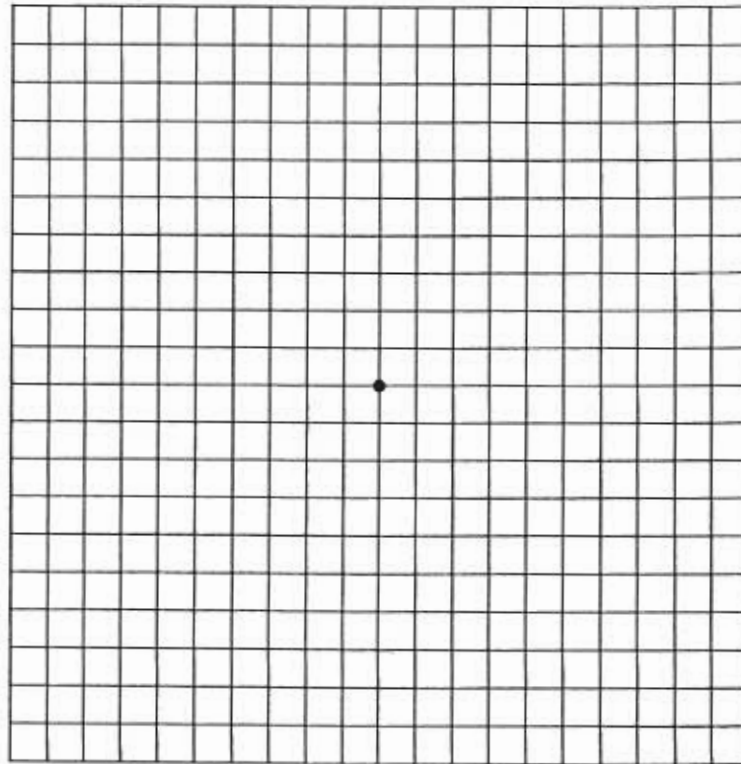
Brooke Side Office Center  
800 Cardinal Drive, Suite 102  
Elizabethtown, KY 42701  
(270) 769-0099

**SOUTHERN INDIANA**

55 Quartermaster Court  
Jeffersonville, IN 47130  
(812) 284-0077

Toll Free to Louisville  
1 (800) 477-0055  
Fax (502) 361-4488

e-mail: [admin@eyecenters.com](mailto:admin@eyecenters.com)  
[www.eyecenters.com](http://www.eyecenters.com)



**Amsler Grid**

This test is designed to find abnormalities in the macula, the reading area of the eye. It helps to find many problems early when they may still be treatable.

Ideally the Amsler grid should be examined daily. It is often easier to remember to look at the grid if it is placed where you are sure to see it, such as on the refrigerator or the bathroom mirror.

The grid consists of a pattern of vertical and horizontal lines with a dot in the center. Test each eye separately, covering the other eye. Glasses should be worn if they are normally needed for reading. You should look only at the central dot and while doing this, notice whether all of the lines are present. You should also look for any areas where the lines are wavy or distorted. Any areas where the grid is missing, wavy, or distorted, that are significantly different from your baseline should be reported to your eye doctor immediately.